The Health and Safety (First-Aid) Regulations 1981 require employers to provide adequate and appropriate equipment, facilities and trained personnel, to ensure their employees receive immediate attention if they are injured or taken ill at work.

What is ‘adequate and appropriate’ will depend on the circumstances in the workplace. This includes whether trained First Aiders are needed, what should be included in a First Aid box and if a First Aid room is required.

In order to produce a Risk Assessment of First Aid Needs, consideration of workplace hazards and risks, the size of the organisation and other relevant factors need to be taken into account in order to determine what First Aid equipment, facilities and trained personnel should be provided.

This course will provide detailed information about the considerations and relevant factors in order to determine the needs and requirements and to ultimately produce a Risk Assessment of First Aid Needs for the business.

Duration
This is a 6-hour classroom based course. Dependent on the learner’s experience, there may well be some pre-course or post-course reading.

Syllabus
The course is made up of theoretical and practical sessions delivered by your Instructor who will provide a detailed course programme.

A range of subjects are covered that will enable you to understand:

- The role and responsibilities of a First Aid Appointed Person
- The employer’s responsibilities in respect of First Aid
- How to manage a First Aid related incident in the absence of a qualified First Aider or Emergency First Aider

Certification
This is achieved by on-going theoretical teaching by the instructor, culminating with a written test.

This qualification does not expire, but refresher training and keeping up to date with changes to policies and procedures is vital to keep the qualification current

Numbers
A maximum of 16 students can be accommodated on this course and all candidates must be a minimum of 16 years of age to attend.